



3-Year-Old Class

Goals and Objectives for Three Year Old's

Social Emotional Development

- Demonstrates ability to separate from parents
- Adjusts to new situations
- Begins to recognize and label own feelings
- Connects with teachers as a trusted adult
- Engages in simple interactions with peers
- Learns early social skills such as sharing, and taking turns
- Engages in imaginative play

Self-Care & Personal Responsibility

- Able to wash hands on his/her own
- Indicates need to go to the bathroom and needs decreasing assistance
- Is able to drink from a cup and feed self with fork or spoon
- Choose from several activity options
- Demonstrates respect and care for classroom materials
- Participates in clean up with decreasing guidance
- Participates in group activities
- Follows classroom routines

Fine Motor

- Manipulates objects with increasing control
- Begins to attempt cutting with scissors
- Makes several basic strokes with a marker

Gross Motor

- Demonstrates basic large motor skills (running, jumping, hopping)
- Walks up and down stairs
- Begins to balance
- Begins to throw and catch balls

Cognitive Development

- Observes and examines objects
- Begins to show problem solving skills
- Recognizes & names basic colors and 3 or more shapes
- Begins to understand position words
- Sorts objects by color, shape or size
- Recognizes own name in print
- Rote counts to 10 and begins to count objects

Language Skills

- Uses words to express needs

Speech is understandable to most

Communicates in sentences

Answers questions with more than yes or no

Listens to stories

Participates in songs and movement activities

Understands and follows simple directions